



## **Broxbourne u3a**

Registered Charity no. 1090504

**Part of the International u3a Movement**

**Monthly Meetings, usually 3<sup>rd</sup> Thursdays  
at the Spotlight Theatre, Broxbourne**

**ENTRY FROM 9 am, MEETINGS WILL START AT 10.30 am  
IN THE AUDITORIUM**

**Please Support Our Raffle in the Foyer!**

**Prizes: Vouchers £30, £20 and £10.**

**Thursday 18<sup>th</sup> September 2025**

**Howard Slater – Fred Astaire**

Discover the grace, rhythm and romance of Fred Astaire's  
legendary dance career

**Thursday 16<sup>th</sup> October 2025**

**Martin Watts – The Somme Innocence Lost**

**Greeters Rota**

**Supplied by RUGs Group**

## CHAIR'S CHAT – SEPTEMBER 2025



Time marches on and we are already entering into Autumn! I wonder how we will cope with this new world of fluctuating weather patterns. It seems strange to hear on the news that some members of the public are complaining that their houses are too hot in the summer. Thinking back to pre-central heating and the hot summers of our youth, how did we survive?

As the older generation, we have a lot to offer to our community and the people around us. Our skills and knowledge are plentiful and it is great to see them being put to good use within our u3a community. What do you have to offer to your u3a? As a self-help organisation we would not exist without our volunteers.

We are an important part of our local community and you will be pleased to hear that our MP, Lewis Cocking, has accepted our invitation to join us for our 25<sup>th</sup> Anniversary meeting in November. His support for our u3a is much appreciated.

I have very much enjoyed speaking with some of you at the Spotlight meetings, so please do not hesitate to have a chat. See you soon!

Barbara Cordina / Chair / Broxbourne u3a  
[broxbourneu3achair@outlook.com](mailto:broxbourneu3achair@outlook.com)

# **BROXBOURNE u3a**

Charity no. 1090504

## **GROUP LEADERS MEETING**

**Thursday 16<sup>th</sup> October 2025**

**12pm to 2pm following Spotlight Meeting  
in the Dinant Room - Lunch provided**

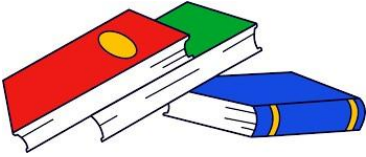


**An opportunity to bring your WISH LIST with you for your group and let the committee know what they can do to help your group and members.**

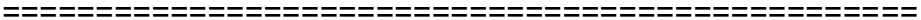
**We hope to see as many of you as possible – you are very important members of Broxbourne u3a and we want to offer you support.**

**Book your place with [broxbouneu3agroups@gmail.com](mailto:broxbouneu3agroups@gmail.com)**

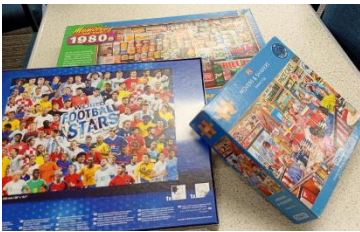
## **Pre-loved” Books – Yvonne Whitehurst**



**If you want to pass on ‘read’ books for a good cause, visit us at our tables at each monthly meeting**



## **JIGSAW SWAP - Julie Mountain 07808 245451**



Bring a puzzle to swap for 50p or buy a puzzle for £1. All puzzle donations gratefully received to get this group up and running. Funds received will be put back into Broxbourne u3a for all members to benefit.

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If or when you change your email address, please make sure you give the information to your Group Leader or any Committee Member, so that we can stay in touch with you.

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**PLEASE NOTE THAT THE FIRST ROW IN THE TIERED SEATING AT THE SPOTLIGHT MEETINGS WILL BE RESERVED FOR MEMBERS WITH LIMITED MOBILITY**

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## **25 Years Celebration**

**Thursday 20<sup>th</sup> November 2025 @ The Spotlight  
INVITED GUESTS, PRESENTATIONS, SPEAKER  
LUNCH PROVIDED**



**More information to follow  
MEMBERS ONLY**

## GARDENING TRIPS GROUP

Thurs 25<sup>th</sup> Sept – Chartwell

NT members £25

Non members £45



Chartwell is a country house near Westerham, Kent in Southeast England. and for over forty years was the home of Sir Winston Churchill.

## FUTURE DAY TRIPS

Thurs 11<sup>th</sup> Dec Kew at Christmas

£52 per person

Coach leaves Hoddesdon at 3 pm

£10 deposits are required to reserve places on any trips.

Those of you without NT membership are better off coming with us rather than going alone.

Unless advised differently, all trips leave the Spinning Wheel at 9 am and return journeys starts 4pm. Please write on the back of cheques what trips you are paying for to make admin easier.

**Please note, when you put your name down for a trip, you must pay a deposit or full amount.**

**Any names on the list without monies received af the next meeting, will have their names removed.** If you need to speak to me please contact me via WhatsApp or telephone.

## **ART GROUP – Jack Snary**

Bollescroft Main Hall, fortnightly 10-30 - 1.00 pm. Price £5 includes tea/coffee.

### **Next meetings:**

Sept 29<sup>th</sup> – Out of Africa

Oct 13<sup>th</sup> – A Local landmark

Oct 27<sup>th</sup> – A Potted Plant

Nov 10<sup>th</sup> – All Around a Bonfire

Nov. 24<sup>th</sup> – By the River

## **CHAIR MOBILITY AND STRETCH CLASS. Janet Harman**

Weekly on Friday afternoons, 2-3 pm in the main hall United Reformed Church, Mill Lane, Broxbourne, EN10 7BQ.

## **COUNTRY DANCING. Val Foster and June Brown**

We are a very friendly and social group who meet twice a month on the 1<sup>st</sup> & 3<sup>rd</sup> Thursdays in Bollescroft large room 2-4pm. (Just opposite the Spotlight car park).

Visiting callers take us through the dances before we attempt them with music and continue to call out the movements throughout the dance . Although all dances are different, they include the same dance movements, jut in a different order!

No previous experience is necessary, and you don't have to worry about a partner. It's a great way to enjoy some gentle exercise whilst indulging in a sociable chat.

Please feel free to contact us to discuss a visit. The cost is £4 a session which includes a cold drink. Your first visit is free, so please come along and give us a try.

**Next meetings:** Sept 18<sup>th</sup>, Oct 2<sup>nd</sup> and 16<sup>th</sup>. Nov 6<sup>th</sup> and 20<sup>th</sup>  
Christmas party on December 4<sup>th</sup>.

### **CRAFTS – Sue Wilson**

Meetings will be held at my house, on the last Thursday of the month 2 – 4 pm. The next meeting will be on 25<sup>th</sup> September, when we will be wood burning.

### **CREATIVE WRITING & POETRY**

We meet at 10.30am on the first Thursday of the month at The Methodist Church, Hoddesdon

### **DISCUSSION – Ann Sims**

Meetings will be 2.00 pm to 4.00 pm on the 1<sup>st</sup> and 3<sup>rd</sup> Fridays at Oasis Room, URC, Mill Lane, Broxbourne.

**Next Dates:** 19<sup>th</sup> September, 3<sup>rd</sup> October

### **FAMILY AND SOCIAL HISTORY - Tony Eagling**

Monthly 1<sup>st</sup> Thurs. 10am - 12noon. 1<sup>st</sup> Wormley Scout Hut, Cozens Lane West, Broxbourne.

**Next Meeting:** 2<sup>nd</sup> October. Presentation by Denis O’Shea, entitled “Eight siblings that emigrated from Ireland for a better life in the USA.”

### **FOLK AND COUNTRY MUSIC GROUP - Andy Bradford**

Meet on the third Wednesday of the month, at members’ homes. We listen to English and Celtic music, Americana, and other cultures. Please ring the group leader for the date and location of the next meeting.

### **FRENCH - Monica Davies**

We meet on the first and third Thursday of each month at 2.30pm. This everyday French programme includes simple conversation and culture.

### **FRENCH BOULES (1) - Alan Cudd**

Every Monday 10am at Rye Park, Old Highway, Hoddesdon.  
New members welcome, beginners or experienced. Boules available to borrow for the session on the day.

### **FRENCH BOULES (2) - Steve Nendick**

Every Wednesday 10am at Rye Park, Old Highway, Hoddesdon.  
New members very welcome, beginners or experienced. Boules available to borrow for the session on the day.

### **GARDENING (1) - Focussing on practical Horticulture and Garden design with RHS qualified group leader - Geraldine Stone**

Everyone welcome.

We have a group WhatsApp for communication which you can join. Winter meetings are from 10.30 to 12.00 and, unless otherwise stated, will be at Mill Lane URC in the upper function room. Free parking on the roads after 10.00 am.

#### **Next Meeting/visits:**

24<sup>th</sup> Sept – Autumn colours. Kew Gardens by train. Meet Broxbourne Station at 10 am.

30<sup>th</sup> Oct – Lawns – a practical history and Q & As.

26<sup>th</sup> Nov – The wildlife garden in winter and annual tool sharpening

17<sup>th</sup> Dec - Make a natural wreath for Christmas.

### **GARDENING (2) - Suzanne Fitch & Sue Gilford**

Monthly on Monday after the Main Meeting 10am at Hoddesdon Methodist Church Hall, Middlefield Road, Hoddesdon, EN11 9ED

29<sup>th</sup> September – Jacqueline Aviolet

20<sup>th</sup> October – Peter Day – Songs about gardens or flowers

24<sup>th</sup> November – Brian Carline – An amusing account of school life. **Our list of trips is on page 6 of this newsletter.**

## **GOOD READ - Maureen Lincoln**

Members read and meet to discuss books written in the last seven years that have won a prize. Variable dates to suit members.

## **GUITAR PLAYING - Denis O'Shea**

**Advanced Group:** First and third Friday mornings of the month. We meet at St Augustine's Church, Broxbourne, 10.45 monthly, charge for hall hires to be paid. If you are interested in playing with this group, please contact Denis O'Shea to discuss.

## **HERITAGE - Bob and Maggie Buckley**

**Next trip:** 9<sup>th</sup> October, 2 part trip to Greys Court (near Henley on Thames) and then to Henley itself. Greys Court is a National Trust property. Pick up times are 9 am Hoddesdon Spinning Wheel and 9.15 am Cheshunt Old Pond. Cost – National Trust members £25 and non-members £43. We need a minimum of 20 people to run this trip.

The last trip of the year will be to the Boundary Mill outlet near Grantham, a real shopping experience. The date for this trip will be 11<sup>th</sup> December with a **9 am pick up at Cheshunt and 9.15 pick up at Hoddesdon**. PLEASE NOTE THE CHANGE. The cost of the trip will be £30, providing we have 30 people interested in going, otherwise the cost will be £35, when at least 26 people will need to be interested. If a sufficient number of people is not reached the trip will have to be cancelled.

## **HISTORY - Mick Coe**

Monthly 3<sup>rd</sup> Wed. Meet 2pm at Hoddesdon Methodist Church, Middlefield Road. If anyone is interested in joining the History Group, please contact Mick Coe

### **ITALIAN - Nunzia Cusumano**

The Italian group meets every Tuesday 2pm-3pm in Hoddesdon. Please contact Nunzia Cusumano for further details. All abilities welcome, depending on numbers additional sessions can be accommodated.

### **KNIT AND NATTER - Val Sambridge**

Monthly on 2<sup>nd</sup> Thursday 2-4pm at Broxbourne URC. Mill Lane.

### **LONDON WALKS AND EXPERIENCES - Gill King**

Meet every second Saturday of the month,

**Next walk:** October 11<sup>th</sup> – walk around Notting Hill, plenty to look at. Meet at Broxbourne station at 9.30 am to catch the 9.47 am Tottenham Hale. From here take the Victoria Line to Kings Cross and change to the Hammersmith and City Line to Westbourne Park where the walk starts. This walk was originally scheduled for September but unfortunately we had to cancel it due to protest marches in the city.

### **MODERATE WALKS - Bernie Cove**

Monthly, 2<sup>nd</sup> Tuesday of the month.

**Next walk:** October 14<sup>th</sup>. Meet for a 10am start at Broxbourne Woods (East) car park. This is in Pembridge Lane and not to be confused with the West Car park which is in Brickendon Lane. The walk is through Broxbourne Woods to Brickendon. The walk is approximately 4 miles with coffee at Brickendon Golf Club.

### **MORNING WALKS - Bernie Cove (Leaders Susan and Bernie).**

Monthly 4<sup>th</sup> Tuesday in the month.

**Next walk:** Tuesday 23<sup>rd</sup> September. Meet for a 10 am start in Lucy Warren Open Space Car Park. From Hoddesdon take Cock Lane. Car park is on the left immediately before the road crosses the A10. Approx 4 mile walk taking in Broxbourne Woods,

Cameles Green and Lucy Warren Open Space. NB: no pub/café/toilet stop en route. There will be a short break at some point so bring your own tea/coffee etc if required.

### **SHORTER WALKS - Sue Barratt Clarke**

Monthly 3rd Tuesday in the month.

**Next walk:** 21<sup>st</sup> October – meet at Burgage Lane (Dolphin House Surgery) car park Ware, SG12 9XD for a 10.30 start. Coffee stop at Tea on the Lee. Distance approximately 3 miles. NO walk in November.

### **NEEDLECRAFT - Margaret Cramphorn**

Every 1st Tuesday between 2-4pm at members' homes.  
Needlework projects and discussion.

### **PUB LUNCHE (1) - Jean Hart & Annette Thrasher**

Monthly on the 2nd Friday at 12 noon.

### **PUB LUNCHE (2) - Marjorie Boulter**

Monthly on 2nd Wednesday at 12 noon

### **PUB LUNCHE (3) - Les & Wendy Hickford**

Monthly on 1st Wednesday at 12 noon.

### **PUB LUNCHE (4) - Roger Barratt & Sue Barratt Clarke**

Fourth Tuesday of the month.

**Next lunch:** 23<sup>rd</sup> September at The Crown pub, Broxbourne, Old Nazeing Road, EN10 6QT.

### **QUIZ GROUP - Lin Coe**

On the 4<sup>th</sup> Friday each month 2pm – 4pm Bollescroft Hall.

**Next Meeting:** Friday 26<sup>th</sup> September

### **SALSA FUN & FITNESS - Lynn Phillips & Val Sambridge**

Have fun, dance and exercise, all at the same time! If you like the sound of Latino music, enjoy dancing and want to keep fit, why not give us a try? Our instructor, Victoria, keeps things simple as she teaches us the basics of Salsa, Merengue, Chacha-cha and more – delivered in an exercise class format. The steps are easy to learn so all you need to do is follow along, just add your own attitude and style. 2nd and 4th Thursdays of each month, 10 am – 11.00 am at Wormley Scout Hut. Cost £5 per session (first session free).

### **SCRABBLE - Margaret Beeston**

We meet at 2 pm on the first and third Wednesday of the month. A friendly group that meets in members' homes, with refreshments.

### **SHORT MAT BOWLS - Bob Finning**

Laura Trott Centre, 10.30 – 12.30. Fortnightly on Friday. Cost is £4.40 or £4.10 with a Friends of Spotlight card. Equipment provided. Members are asked to arrive by 10.15 to organise teams. Car parking is free to players but they must give their car registration number to reception on entry.

### **SINGING FOR FUN – Rita Cusumano & Carole Walker**

All abilities welcome. Every Wednesday morning 10.30 am to 12.15 pm. Mayhem Theatre Arts, Brewery Road, Hoddesdon.

### **SPANISH (1) - Dulcie Fordham & Jenny Jones**

Basic Spanish and general conversation. Every Thursday at 2-4pm. We meet in the local area. This group is not suitable for beginners and is currently not taking new members.

### **SPANISH (2) - Deborah Kerr & Amanda Davies**

The meetings will be held every Thursday from 2pm – 3.30pm in the parlour of the Methodist Church, Hoddesdon. Initially the cost will be £6 per person.

### **SUNDAY LUNCHESES - Lorraine Anderson**

Held on the 2<sup>nd</sup> Sunday of each month. All welcome, but each meal is limited to 20 people, 1<sup>st</sup> come 1<sup>st</sup> served, so please contact Lorraine by the previous Wednesday.

### **T'AI CHI - Ann Glover**

Fortnightly on Tuesdays, 2.30 – 3.30. Mayhem Theatre Arts Studio, Brewery Road, Hoddesdon. New members very welcome.

### **WINE APPRECIATION - Denis O'Shea**

Group meets on third Wednesday of the month in U.R.C Meeting Room, Mill Lane, Broxbourne. Starting time 7:30pm.

### **WOODTURNING - Dave Gostellow**

Fortnightly on Tuesdays

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### **GROUP SHARES WITH LOCAL u3as**

#### **BRIDGE GROUP - Terry Askew (Hertford Group Leader)**

Weekly on Tuesdays, 2-4pm at Place House, Ware. £10 for 6 weeks, includes tea and biscuit. **This is not a beginners' group. Some knowledge of the game is required.**

### **CROQUET - Ann Neuff (Ware Group Leader)**

Our members are welcome to join Ann's group.

### **LOVE TO DANCE – Jacky Williams & Roz Hills (Cheshunt Group)**

Dances to include Salsa, Jive, Cha Cha and Charleston etc. Group held weekly on Thursday mornings 10-15 – 11.45 am, at Rowlands School Hut, behind the Beaumont Centre, Cheshunt. Cost £6.50 per session including tea and coffee.

### **MODEL MAKING GROUP - Jack Snary (Cheshunt Group)**

Meetings are held at The Crocodile Pub at a cost of £2 per person.

### **WALKING NETBALL – Jacqui Fry (Cheshunt Group)**

Our members are enthusiastically invited to join this group. Held every Wednesday at The Laura Trott Centre, 2 – 3 pm Cost £4 per person. Please wear trainers and bring water

## **OTHER LOCAL CLUBS**

### **HODDESDON FLOWER CLUB – Contact Vivienne Edwards**

We meet on the 2<sup>nd</sup> Wednesday of the month, in Jackson Hall, Burford Street, at 2 pm. No need to bring flowers, just sit and watch the professionals. New members welcome, £7 for visitors.

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**Broxbourne u3a Website** <http://broxbourne.u3asite.uk/>  
or find us through the u3a website - [www.u3a.org.uk](http://www.u3a.org.uk)  
Please send photos or articles for the website to  
Chris Common at [Broxbourneu3awebm@outlook.com](mailto:Broxbourneu3awebm@outlook.com).

Find us on Facebook

## **YOUR COMMITTEE**

<b>Chairman</b>	<b>Barbara Cordina</b>
<b>Vice Chair</b>	<b>Jenny Murtagh</b>
<b>Business Secretary</b>	<b>Judith Hutchings</b>
<b>Treasurer</b>	<b>Mike Sutterby</b>
<b>Membership Secretary</b>	<b>Liz Elve</b>
<b>Newsletter</b>	<b>Margaret Beeston</b>
<b>Minutes Secretary</b>	<b>Jean Hart</b>
<b>Group Co-ordinator</b>	<b>Liz Burdett</b>
<b>Beacon Admin</b>	<b>Julie Mountain</b>
<b>Web Master</b>	<b>Chris Common</b>
<b>Welcoming/RUGS Committee</b>	<b>Lorraine Anderson Lesley Harrison</b>
<b>Speaker Secretary</b>	<b>Rita Cusumano</b>

**Information for all future newsletters should be given by the 1st of the month please, to Margaret Beeston.**

**Please note** - a £2 Temporary Membership Fee is charged to visitors attending the monthly meeting and a dated receipt will be given. This confers all the advantages of Broxbourne u3a membership, including Insurance for that month only, during which time a group activity can be joined if there is room, on production of the receipt and payment of the usual group attendance fee.

***Member information held by Broxbourne u3a will not be disclosed to any third party unless a member subscribes to the Third Age Trust magazine 'Third Age Matters', when address information will be passed to the distributor.***